

Newsletter March 2021

Bourne Valley Riding Club
(Affiliated to the British Horse Society)

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BVRC Annual Quiz, via Zoom. Friday 22nd January

Who would have believed the annual Quiz would be held in a Zoom during a pandemic? Another BVRC Quiz held in these lock down times and so much fun was had. Fiona Webb moved into the role of Maiden Quizmaster and was very organised and efficient, backed up by Susie Pool who was scorer and kept us in line.

Some of the participants were new to Zoom and were supported by the more experienced. A few of us were used to it and something I used well before Covid, as a home worker. The fun started with the teams naming their teams, Half Pass it, Triple S, The Lenses, Manic Mares and Can You Hear Me. Dee Hodson initiated our name as she quite often will say 'can you hear me?' and Gill Young's partner Nigel quickly picked up on this.

Our team, 'Can You Hear Me', consisted of Gill Young and Nigel, Dee and Phil Hodson, Elizabeth Paton and myself. We got sent off into our Breakout rooms and the questions were provided on the screen to each of us. We were very organised, and Nigel made a note of each question and I was spokesperson, so initiated the discussion of each one. It turned out that our team had a wide variety of knowledge, each bringing correct answers, albeit some of them were guesses, and we also got some wrong too!

It was a close call all the way and very close total scores at the end of each round kept us on our toes, with one point's difference between the top two teams; Manic Mares and Can You Hear Me. The final round ended with a draw between these two teams resulting in tie breakers. The first tie breaker was a team effort and both teams got it wrong. The second tie breaker question, we had to nominate a team player to answer it; Ali Welsh was spokesperson for Manic Mares and Nigel was chosen for the Can You Hear Me team. The question was 'How many miles does the Earth travel in one day?' A bit of guessing was required for this one, and both answers submitted then resulted in a lot of working out as to who was nearer. The closest turned out to be Can You Hear Me. I take it you now want the answer.....

1.6 million miles, which means we are travelling at 66,000 mph. Time flies when you are having fun, and we certainly did on Quiz night. Thanks go to Fiona and Susie and it was great to see some of the members in the flesh albeit on Zoom. Let's hope this summer gets us out with our horses and enjoying BVRC events together again.

Helen Nash-Steer

Can You Hear Me	Manic Mares	Triple S	Half Pass It	The Lenses
Gill Young	Ali Welsh	Hannah Sykes	Lynn Mead	Ella Birch
Nigel (Gill)	Ali Wilson	Celia Scott	Roger Mead	Nicola Scivier
Dee Hodson	Annabel Mead	Jonathan Scott	Sarah Pook	Sandra Groves
Phil Hodson	Tina Roylance	Michelle Bowe	Andy Varley	Liz Plant
Helen NS/Eliz P	Katie Mortimore	Mark Shire	Helen Vernon	Steve Duckworth
32	31	30	27	20
1st	2nd	3rd	4th	5th

Introduction to Mindfulness with Gina Hemmings – Monday 1st February

The recent Mindfulness Zoom meeting with Gina Hemmings was a fascinating insight. I had met Gina before, along with a few fellow members of BVRC, when we attended her Pilates classes.

During her Introductory Mindfulness session, Gina had us all studying a single raisin. We studied the outside, the colour, the wrinkles, the plumpness, then we were allowed to smell it and finally, finally taste it and then share our experience. Never before have I spent so much time on one raisin! My muesli the following morning wasn't quite the same.

A couple of years ago I was given a book on Mindfulness by my sis-in-law, Claire, who has been with us to Camp a few times. The Introductory session has encouraged me to actually pick up the book, read it and do some of the meditations which I am now really enjoying. So, I'm really grateful that I attended this session, thank you to Gina and BVRC who organised it.

Sally Shepherd

Saddlery Talk with Tom Blachford – Thursday 25th February

Susie kindly organised a "Lockdown" Talk on Zoom, on Saddle Fitting. Our speaker was Tom Blachford of 'L' for Leather in the New Forest.

At one time or another we all have problems with the fit of our saddles and Tom's enthusiasm and knowledge of the subject held our attention throughout. I came away with many fresh ideas and the realisation that I do have a couple of issues that need to be addressed.

Many thanks Tom for a very interesting evening.

Dee Hodson

Virtual Area Qualifier for the 2021 BRC Winter Intermediate Dressage Championships – by Sunday 28th February

It has been such a strange 12 months but throughout it all I have been lucky enough to continue riding my beautiful little horse, and having made good progress, volunteering for the BVRC Intermediate "virtual" dressage team seemed a good idea before we could finally (hopefully!) be out competing. It was the first time we had done a Novice test so an opportunity to benchmark our progress. However, getting ready seemed far harder (and definitely more stressful!) than going to a competition – marking out an arena that enabled filming from "C", choosing a day when the light was OK, briefing the "non horsey" cameraman, finding my competition jacket which hadn't been used for so long, learning a test again...

Our first attempt felt not too bad but unfortunately not captured on video and from then on stress levels increased, whilst energy levels flagged! We finally had a complete test captured so that had to do – sorry team mates! Having Claire Arnold doing the other Novice test at the same yard was great moral support and I hope the other team members enjoyed the event too. Whilst not our best test, it was fun and very good practice and now "onwards and upwards" for us and I can't wait to be out and about in April (...although preferably jumping!)

Thanks Susie for organising.

Delia Brown

Bourne Valley – 7th							
NO	NAME	HORSE	Test	Score	Coll	%	Place
	Grace Wilkinson	Ocus Pocus	P18	172.0	65.0	66.15	4
	Claire Arnold	Sunjeeb	N28	160.5	53.0	66.88	4
	Delia Brown	Comeback de Bonneau	N34	130.5	37.5	62.14	9
	Karen Duggleby	Ruby Rocket	E42	w/d	w/d	w/d	
TOTAL							17